

Checklist of Dosages and Uses of 100 Common Psychotropic Medications by **GENERIC** Name

from Ed Zuckerman, PhD and Dan Egli, PhD as a gift to our colleagues

Names generic	Trade	Drug Class	Usual Adult Daily Dosage Range in mgs	FDA-approved Indication(s)	Common "Off-label" Uses, if any
acamprosate	Campral	Alcohol antagonist	1332-1998	Alcohol dependence	
adalafil	Cialis	PDE-5 inhibitor	5-20	Erectile dysfunction	
alprazolam, XR	Xanax	benzodiazepine	.25-4	Panic	Anx
alprazolam, ODT	Niravam	benzodiazepine	.3-5	Panic, GAD	
amitriptyline	Elavil	Tricyclic AD	75-150	MDD	Depr
D- & L-amphetamine, XR	Adderall	Stimulant	5-40	ADHD, Narcolepsy	
aripiprazole	Abilify	Atypical	10-15	Schizophrenia, Bipolar, Agitation	
armodafinil	Nuvigil	Wakefulness promoter	150-250	Sleep apnea, Narco., SWSD	
atomoxetine	Strattera	Non-stimulant	40-100	ADHD	
benztropine	Cogentin	Antidyskinetic	1-8	Anti-Parkinson's	ExtraPyramidal Symptoms
buprenorphine	Subutex	Opioid agonist	12-16	Opioid dependence	
buprenorphine & naloxone	Suboxone	Opioid agonist	12-16	Opioid dependence	
bupropion, ER	Wellbutrin/Zyban Budeprion	DNRI	200-450	MDD, Smoking, SAD	
buspirone	BuSpar	Anti-anxiety	15-60	GAD	
carbamazepine	Tegretol	Anti-convulsant	400-1200	Epilepsy	Bipolar
carbamazepine ER	Equetro	Anti-manic	200-1600	Bipolar	
chlordiazepoxide	Librium	benzodiazepine	5-100	Anx, Alcohol withdrawal	
citalopram	Celexa	SSRI	20-40	MDD	Depr, PmDD, PTSD, BDD, SocAnx
clomipramine	Anafranil	Tricyclic AD	100-250	OCD	
clonazepam, wafers	Klonopin	benzodiazepine	.25-4	Seizures, Panic	GAD, Hypn
clorazepate	Tranxene	benzodiazepine	15-60	Anx., Seizures	
clonidine	Catapres, TTS	Antihypertensive	.1-.3	Hypertension	Drug detox, Pain, Impulse, ADHD
clozapine	Clozaril/FazaClo	Atypical	300-450	Schizophrenia	Bipolar
desvenlafaxine	Pristiq	SNRI	50	MDD	
dexmethylphenidate	Focalin, XR	Stimulant	5-20	ADHD	
dextroamphetamine	Dexedrine	Stimulant	5-40	ADHD, Narcolepsy	EDS
diazepam	Valium	benzodiazepine	4-40	Anx., Muscle spasm, Seizures	
disulfiram	Antabuse	Alcohol antagonist	125-500	Manage chronic alcoholism	
divalproex	Depakote/-ene/-con	Anti-convulsant	750-3000	Bipolar, Epilepsy, Migraine	
donepezil	Aricept	Cholinesterase inhibitor	5-10	Mild, mod. & severe dementias	
doxepin	Sinequan/Adapin	Tricyclic AD	150-300	MDD	Depr
duloxetine	Cymbalta	SNRI	20-80	MDD, GAD, Neuropathic Pain	Depr, GAD, PmDD, PTSD, SocAnx
escitalopram	Lexapro	SSRI	10-20	MDD, GAD	BDD, PTSD, SocAnx, Depr, PmDD
estazolam	ProSom	benzodiazepine	1-2	Insomnia, short-term use	
eszopiclone	Lunesta	Non-benzo hypnotic	2-3	Insomnia, ≤ 6 months use	
flurazepam	Dalmane	benzodiazepine	15-30	Insomnia, short-term use	
fluvoxamine	[Luvox]	SSRI	50-300	OCD	MDD, PTSD, SocAnx, PmDD, BDD
fluoxetine	Prozac/Sarafem	SSRI	20-80	OCD, Panic, PmDD MDD, PTSD, Bulimia	Depr, SocAnx, Anx, BDD
gabapentin	Neurontin	Anti-convulsant	900-1800	Epilepsy	Bipolar
galantamine	Razadyne, ER	Cholinesterase inhibitor	8-32	Mild-moderate dementia	
guanfacine, ER	Intuniv	Antihypertensive	1-4	ADHD	
guanfacine	Tenex	Antihypertensive	.5-3	Hypertension	Drug withdrawal
imipramine	Tofranil/PM	Tricyclic AD	75-200	MDD, Enuresis	Depr
isocarboxazid	Marplan	MAOI	20-60	MDD	
lamotrigine	Lamictal	Anti-convulsant	100-200	Epilepsy, Bipolar	
levetiracetam	Keppra	Anti-convulsant	1000-3000	Epilepsy	Bipolar
lisdexamfetamine	Vyvanse	Stimulant	30-70	ADHD	
lithium carbonate	Eskalith/Lithobid	Anti-manic	900-1800	Bipolar	
lorazepam	Ativan	benzodiazepine	2-6	Anx	Alch withdrawal, Seiz, Insomnia
maprotiline	Ludiomil	Tetracyclic AD	75-225	MDD	Depr
memantine	Namenda	NMDA antagonist	5-20	Moderate-severe dementia	
methamphetamine	Desoxyn	Stimulant	5-25	ADHD, Anorexiatic	EDS, Narco
methylphenidate	Concerta	Stimulant	18-54	ADHD	
methylphenidate, patch	Daytrana	Stimulant	10-27	ADHD skin patch, ages 6-12	
methylphenidate	Metadate	Stimulant	20-60	ADHD	
methylphenidate	Methylin	Stimulant	20-60	ADHD, Narcolepsy	
methylphenidate	Ritalin	Stimulant	20-60	ADHD, Narcolepsy	EDS
mirzapazine	Remeron/SolTab	Tetracyclic AD	15-45	MDD	Depr
modafinil	Provigil	Wakefulness promotion	100-400	EDS, OSA, SWSD	ADHD, MDD
naloxone	Narcan	Opioid antagonist	.4-2	Opioid overdose	

<i>naltrexone, IM</i>	Vivitrol	Opioid antagonist	190-380/ mo.	Alcohol dependence	
<i>naltrexone/nalmefene</i>	Revia/Revex	Opioid antagonist	50	Opioid dependence	<i>Alcohol dependence</i>
<i>nefazodone</i>	[Serzone]	SNRI + 5HT2a	300-600	MDD	<i>Anx, PTSD</i>
<i>nortriptyline</i>	Aventyl/Pamelor	Tricyclic AD	25-100	MDD	<i>Depr</i>
<i>olanzapine</i>	Zyprexa/Zydis	Atypical	5-30	Schizophrenia, Bipolar	
<i>olanzapine & fluoxetine</i>	Symbyax	Atyp & SSRI	6/25-12/50	Bipolar	<i>Schizophrenia</i>
<i>orlistat</i>	Xenical	Lipase inhibitor	360	Obesity	
<i>oxazepam</i>	Serax	benzodiazepine	30-120	Anx, Alcohol withdrawal	<i>Anti-itch, Seiz, Hypn</i>
<i>oxcarbazepine</i>	Trileptal	Anti-convulsant	600-1200	Epilepsy	<i>Bipolar</i>
<i>sodium oxybate</i>	Xyrem	Stimulant	3-9 gms	EDS, cataplexy	
<i>paliperidone, ER</i>	Invega	Atypical	3-12	Schizophrenia, acute & chronic	
<i>paroxetine</i>	Paxil, CR/Pexeva	SSRI	20-60	MDD, GAD, OCD, Panic, Soc. Anx, PTSD	<i>Depr, Anx, PmDD</i>
<i>phenelzine</i>	Nardil	MAOI	45-90	MDD	
<i>pramipexole</i>	Mirapex	Dopamine agonist	1.5-4.5	Anti-Parkinson's, RLS	<i>Treatment-resistant Depression</i>
<i>prazepam</i>	Centrax	benzodiazepine	30-60	Anx	<i>Alch withdrawal, Seiz</i>
<i>pregabalin</i>	Lyrica	Anti-convulsant	300-600	Seiz, Neuropathic pain, Fibromyalgia	<i>GAD</i>
<i>procyclidine</i>	Kemadrin	Antidyskinetic	7.5-20	Anti-Parkinson's	
<i>propranolol</i>	Inderal	Antihypertensive	10--80	Hypertension	<i>Anx, Alch withdrl, Akathisia, Panic</i>
<i>quazepam</i>	Doral	benzodiazepine	7.5-15	Insomnia, short-term use	
<i>quetiapine</i>	Seroquel, XR	Atypical	150-800	Schizophrenia, Bipolar	
<i>ramelteon</i>	Rozerem	Hypnotic	8	Insomnia	
<i>risperidone</i>	Risperdal	Atypical	1-8	Bipolar & Schizophrenia in adults and teens, Irritability in autism	
<i>rivastigmine</i>	Exelon, patch	Cholinesterase inhibitor	3-12	Mild-moderate dementia, Park's dementia	
<i>ropinirole</i>	Requip	Dopamine agonist	.75-3	Anti-Parkinson's, Restless leg	<i>Treatment-resistant depression</i>
<i>selegiline</i>	Eldepryl	MAO-B	5-10	Anti-Parkinson's	<i>Depr, Smoking</i>
<i>selegiline, patch</i>	EMSAM	MAO-B	6-12	MDD	
<i>sertraline</i>	Zoloft	SSRI	50-200	Panic, OCD, MDD, PmDD, SocAnx, PTSD	<i>BDD, Depr, Anx</i>
<i>sibutramine</i>	Meridia	Anorexiant	10-15	Obesity	
<i>sildenafil</i>	Viagra	PDE-5 inhibitor	25-100	Erectile dysfunction	
<i>tacrine</i>	Cognex	Cholinesterase inhibitor	40-160	Mild-moderate dementia	
<i>temazepam</i>	Restoril	benzodiazepine	15-30	Insomnia, short-term use	
<i>tiagabine</i>	Gabitril	Anti-convulsant	4-32	Epilepsy	<i>Bipolar</i>
<i>tranlycypromine</i>	Parnate	MAOI	30-60	MDD	
<i>trihexyphenidyl</i>	Artane	Antidyskinetic	1-15	Anti-Parkinson's	<i>ExtraPyramidal Symptoms</i>
<i>topiramate</i>	Topamax	Anti-convulsant	400-1600	Epilepsy, Migraines	<i>Bipolar</i>
<i>trazodone</i>	Desyrel	SARI	150-400	MDD	<i>Depr, Hypn</i>
<i>triazolam</i>	Halcion	benzodiazepine	.25-.50	Insomnia, short-term use	
<i>vardenafil</i>	Levitra	PDE-5 inhibitor	5-20	Erectile dysfunction	
<i>varenicline</i>	Chantix	Nicotinic receptor agonist	0.5-2	Smoking cessation	
<i>venlafaxine</i>	Effexor, XR	SNRI	75-375	MDD, GAD, Panic	<i>Depr, PTSD, SocAnx, PmDD</i>
<i>vigabatrin</i>	Sabril	Anticonvulsant	1000-4000	Bipolar, Epilepsy	
<i>zaleplon</i>	Sonata	Non-benzo hypnotic	5-10	Insomnia, short-term use	
<i>ziprasidone</i>	Geodon	Atypical	40-160	Schizophrenia, Bipolar	
<i>zolpidem</i>	Ambien, CR	Non-benzo. hypnotic	5-12.5	DFA, SCD, short-term use	
<i>zonisamide</i>	Zonegran	Anti-convulsant	100-400	Epilepsy	<i>Bipolar</i>

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An Initial - means changed this edition. [] = drug withdrawn by manufacturer but still available as generic. **Removed** from the market.

Drug Class *Antidyskinetic* = drugs used to treat Parkinson's disease and extrapyramidal effects of antipsychotics. *Anorexiant* = to treat obesity. *Atypical* = newer antipsychotics/neuroleptics. The *Conventional*, older antipsychotics/neuroleptics are now rarely used and so are not listed. *DNRI* = Dopamine-Norepinephrine Reuptake Inhibitor. *MAOI* = Monoamine Oxidase Inhibitor. *NRI* = Norepinephrine Reuptake Inhibitor. *PDE-5 inhibitor* = Phosphodiesterase type-5 inhibitors. *SARI* = Serotonin-2 antagonist/Serotonin Reuptake Inhibitor. *SNRI* = Serotonin-Norepinephrine Reuptake Inhibitor. *SSRI* = Selective Serotonin Reuptake Inhibitor. *TetracyclicAD* = Tetracyclic Antidepressant. *TricyclicAD* = Tricyclic Antidepressants almost replaced by SSRIs and so few listed. *ODT* = Orally Disintegrating Tablet. *TTS* = Transdermal Therapeutic System (a skin patch).

Indications and Disorders *ADHD* = Attention Deficit Hyperactivity Disorder. *Anorexiant* = For exogenous obesity. *Anx* = Anxiety Disorder NOS. *BDD* = Body Dysmorphic Disorder. *Bipolar* = Bipolar Affective Disorder (antimanic). *Depr* = Depression (see MDD). *DFA* = Difficulty Falling Asleep. *Eat* = Eating Disorders. *EDS* = Excessive Daytime Sleepiness. *EMA* = Early Morning Awakening. *GAD* = Generalized Anxiety Disorder. *Hypn* = Hypnotic (sleep inducer) for many sleep disorders. *MDD* = Major Depressive Disorder (not Dysthymia or Depression NOS). *Narco* = Narcolepsy. *NeuroPath Pain* = Neuropathic pain associated with diabetic peripheral neuropathy. *OSA* = Obstructive Sleep Apnea. *OCD* = Obsessive-Compulsive Disorder. *Panic* = Panic Disorder, with or without Agoraphobia. *Phob* = Phobia. *PmDD* = Premenstrual Dysphoric Disorder. *PTSD* = Post-Traumatic Stress Disorder. *RLS* = Restless Leg Syndrome. *SAD* = Seasonal Affective Disorder. *Schizo* = Schizophrenia, Psychosis, and related conditions. *SCD* = Sleep Continuity Disturbance. *SWSD* = Shift Work Sleep Disorder. *SocAnx* = Social Anxiety /Social Phobia.

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